



2024 ACADEMIC YEAR

JANUARY-MARCH

- FFPR Consultant Training
 - Sundays 5-6:30 (AZ Time)

JANUARY

- Forward Facing Freedom Online Workshop
 - January 19, 2024 from 6:00 AM to 2:00 PM (AZ TIME)
- Forward-Facing ME 7-Week Group
 - January 24 - March 6 - 5:30-7pm (AZ Time)

APRIL

- Forward Facing Professional Resilience Workshop
 - Date April 5, 2024 6:00 AM to 2:00 PM (AZ TIME)
- Forward-Facing ME 7-Week Group
 - April 9- May 21 - 9:30-11am (AZ TIME)

AUGUST- SEPTEMBER

- Forward-Facing ME 7-Week Group
 - August 14-September 25 - 4-5:30pm (AZ TIME)

SEPTEMBER - NOVEMBER

- H&W Consultant Training
 - Sundays 5-6:30 (AZ TIME)

OCTOBER-DECEMBER

- FFPR Coach Training
 - Days and Times TBD

NOVEMBER - DCEMBER

- Forward-Facing ME 7-Week Group
 - November 5 - December 17 - 9:30 -11am (AZ TIME)